

Congregate Meals

April 2026

Week 1

Wednesday 1 st	Roast Turkey w/ Gravy	Mashed Potatoes Stuffing Carrots Roll Pie
Thursday 2 nd	Spinach Ravioli	Mixed Veggies Pea Salad Breadstick Fruit Crisp

Week 2

Tuesday 7 th	Beef Taco Salad	Pineapple Roll Cheesecake SF Pudding
Wednesday 8 th	Chicken Caprese	Mashed Potatoes Mixed Veggies Mixed Fruit Roll Cookie
Thursday 9 th	Stuffed Cabbage Rolls	Peas Roll Pears

Week 3

Tuesday 14 th	Ground Turkey Burrito Bowl	Cilantro Lime Brown Rice Roasted Corn Shredded Lettuce Diced Tomato Tortilla Grapes
Wednesday 15 th	NO LUNCH	NO LUNCH

Via Linda Senior Center Congregate Lunch Program
Please call two days advance 480-312-5810
***ALL lunches come with 2% Milk**

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Thursday 16th	Egg Salad	Lettuce/Tomato Broccoli Salad Croissant Mixed Fruit
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Week 4

Tuesday 21st	Cheeseburgers	Lettuce/Tomato Baked Beans Peas Bun Honeydew
Wednesday 22nd	Tuscan Turkey Stew	Italian Brown Rice Pilaf Green Beans Peaches Biscuit Pudding
Thursday 23rd	Oriental Chicken Salad	Pineapple Roll Cake

Week 5

Tuesday 28th	Chicken Meatballs w/ Rosa Sauce	Pesto Roasted Potato Capri Veggie Cantaloupe Roll Cheesecake
Wednesday 29 th	BBQ Pulled Pork	Roasted Sweet Potato Green Beans Coleslaw Bun Peaches
Thursday 30 th	Greek Chicken Salad	Grapes Pita Cookie

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