

Congregate Meals

February 2026

Week 1

Tuesday 3 rd	Greek Chicken Salad	Grapes Pita Cookie Milk
Wednesday 4 th	No Lunch	
Thursday 5 th	Chicken Meatballs w/ Rosa Sauce	Pesto Roasted Potato Capri Veggies Cantaloupe Roll Cake Milk

Week 2

Tuesday 10 th	Roast Beef & Cheddar Wrap	Potato Salad Pineapple + Cucumber Salad Cake Pudding Milk
Wednesday 11 th	No Lunch	
Thursday 12 th	Meatloaf	Smashed Potato Mixed Veggies Honeydew Roll Pudding 2% Milk

Via Linda Senior Center Congregate Lunch Program
Please call two days advance 480-312-5810

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Week 3

Tuesday 17th	Chicken Gumbo	White Rice Mashed Sweet Potatoes Green Beans Cornbread Peaches 2% Milk
Wednesday 18th	Roast Turkey w/ Gravy	Mashed Potatoes Stuffing Carrots Roll Pie 2% Milk
Thursday 19th	Egg Salad	Lettuce + Tomato Broccoli Salad Croissant Grapes 2% Milk

Week 4

Tuesday 24 th	Beef Taco Salad	Pineapple Roll Pie Pudding 2% Milk
Wednesday 25 th	Chicken Caprese	Mashed Potatoes Green Beans Mixed Fruit Roll Cookie 2% Milk
Thursday 26th	Stuffed Cabbage	Roll Peas Peaches 2% Milk

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