



GRANITE REEF SENIOR CENTER ACTIVITY LIST

Activity	Time	Location	Activity	Time	Location
MONDAY:			THURSDAY:		
Open Cards & Games	8 a.m. - 5 p.m.	Room 5	Chair Exercises	10 - 11 a.m.	Room 1
Open Arts & Crafts	9 a.m. - noon	Room 6	Open Chess	11 a.m. - 3 p.m.	Room 12
Musical Memory Care			Canasta Newcomers	11 - 4 p.m.	Room 10
1st & 3rd Mon	10 - 11 a.m.	Room 1	Current Events	Noon - 2 p.m.	Room 8
Mah Jong (American)	10 a.m. - 3 p.m.	Room 12	Canasta	Noon - 5 p.m.	Room 11
Bluegrass Jam	10:30 a.m. - 12:30 p.m.	Room 8	Open Art	1 - 4 p.m.	Room 6
Monday Bridge	12:45 - 4 p.m.	Room 1	Double Deck Pinochle	1 - 5 p.m.	Room 7
Mah Jong (American)	10:30 a.m. - 2:30 p.m.	Room 11	Open Cards & Games	1 - 5 p.m.	Room 5
Trivial Games 3rd Mon	1 - 2 p.m.	Room 7	Tremble Clefs	3 - 5 p.m.	Room 2
Rummikub	1 - 3 p.m.	Room 9	Senior Karaoke		
Table Tennis	3 - 7 p.m.	Room 2	2nd & 4th Thurs	2 - 5 p.m.	Room 7
TUESDAY:			FRIDAY:		
Open Cards & Games	8 a.m. - 5 p.m.	Room 5	Open Cards & Games	8 a.m. - 5 p.m.	Room 5
Friendship Discussion	10 - 11 a.m.	Room 10	Bingo	9 - 11 a.m.	Room 1
Chair Exercises	10 - 11 a.m.	Room 1	Scottsdale Strummers	9:30 a.m.-12 p.m.	Room 8
Blood Pressure Checks	10 - 11:30 a.m.	Lobby	Line Dancing	11:30 a.m.-12:30 p.m.	Room 2
AARP Driver Safety Class	12:30 - 4:30 p.m.	Room 8	Mah-Jongg (International)	Noon - 5 p.m.	Room 11
2nd Tues			Duplicate Sanction Bridge	12:30 - 4:30 p.m.	Room 1
Duplicate Bridge	12:45 - 4 p.m.	Room 1	\$10 Fee		
Karaoke 1st and 3rd Tues	1-5 p.m.	Room 8	Friday Bridge FREE	12:45 - 4 p.m.	Room 1
Mexican Train Dominos	1-5 p.m.	Room 11	Scrabble	Noon - 5 p.m.	Room 12
WEDNESDAY:			SATURDAY:		
Open Cards & Games	8 a.m. - 5 p.m.	Room 5	Fitness Center		
Bagels & Banter	9 - 10 a.m.	Room 1	\$3 drop-in	8 a.m. - noon	Fitness Center
Memory Lounge Monthly	10 - 11:30 a.m.	Room 6			
Current Events	10:30 a.m. - noon	Room 8			
Chair Exercises	10 - 11 a.m.	Room 1			
Pinochle	Noon - 5 p.m.	Room 11			
Duplicate Bridge	1 - 4 p.m.	Room 1			
Open Arts	1 - 4 p.m.	Room 6			
Table Tennis	1 - 4 p.m.	Room 2			

GRANITE REEF SENIOR CENTER SUPPORT GROUPS

Support Group	Time	Location
Alzheimer's Support Group	1st Monday 1 p.m.	GRSC
Hospice of the Valley - Grief and Loss	1st and 3rd Tuesday 1:30 p.m.	GRSC
Tremble Clefs (<i>Parkinson's Support</i>)	Thursdays 3 p.m.	GRSC



Granite Reef Senior Center

1700 N. Granite Reef Rd | Scottsdale | 480-312-1700
ScottsdaleAZ.gov/seniors





VIA LINDA SENIOR CENTER ACTIVITY LIST

Activity Time Location

MONDAY:

Open Cards & Games	8 a.m. - 5 p.m.	Room 6
Samba (Variation Canasta)	9 a.m. - 1 p.m.	Room 5
Library Book Discussion	11 a.m. - 12:30 p.m.	Room 8
4th Mon		
Chair Yoga \$10 Fee	Noon - 1 p.m.	Room 4
Open Knitting/Crocheting	1:30 - 3:30 p.m.	Room 5
Mexican Train Dominoes	1 - 4 p.m.	Room 8

TUESDAY:

Walking Club	8 - 9 a.m.	Front Entrance
Mindful Art	10 - 11:30 a.m.	Room 7
Congregate Meals	11 a.m. - 12:30 p.m.	Room 6
\$4 Fee		
Chair Yoga \$10 Fee	Noon - 1 p.m.	Room 4
Fast Play Bridge		
Intermediate	Noon - 3:30 p.m.	Room 7
Open Cards & Games	1 - 5 p.m.	Room 6
What's On your Mind	1:30 - 3 p.m.	Room 8
2nd & 4th Tues		
Men's Discussion	2 - 3:30 p.m.	Room 5
Table Tennis	3:30 - 7:30 p.m.	Room 1, 2, 3

WEDNESDAY:

Blue Grass Jam Session	10 a.m. - Noon	Room 5
Rummikub	10 a.m. - 1 p.m.	Room 7
Congregate Meals	11 a.m. - 12:30 p.m.	Room 6
\$4 Fee		
Blood Pressure Checks	Noon - 2 p.m.	Lobby
Open Knitting/Crocheting	1:15 - 3:15 p.m.	Room 7

Activity Time Location

WEDNESDAY:

Sanction Duplicate Bridge	12:30 - 4 p.m.	Room 1, 2, 3
\$10 Fee		
Open Cards & Games	1 - 5 p.m.	Room 6
Current Events Discussion	2 - 3:30 p.m.	Room 4

THURSDAY:

Ask the Experts	10 a.m. - Noon	Room 5
4th Thurs		
Book Discussion	10 - 11:30 a.m.	Room 5
2nd Thurs (Sep-Jun)		
Tech Time With Mark	9 - 11 a.m.	Room 6
2nd Thurs		
Congregate Meals	11 a.m. - 12:30 p.m.	Room 6
\$4 Fee		
Fast Play Bridge		
Intermediate	Noon - 3:30 p.m.	Room 7
AARP Driver Safety Class	12:30 - 4:30 p.m.	Room 5
2nd Thurs		
Croquet	1 - 12:30 p.m.	Back Patio
Mah Jongg	1 - 4 p.m.	Room 6
Open Cards & Games	Noon - 5 p.m.	Room 8
Flying Needles 2nd Thurs	4 - 8 p.m.	Room 7
<i>Knitting/Sewing/Crocheting</i>		

FRIDAY:

Open Cards & Games	8 - 4:45 p.m.	Room 6
American Canasta	1 - 3:30 p.m.	Room 7
Matinee Movie	1 - 4 p.m.	Room 5
Table Tennis	1 - 4:30 p.m.	Room 1, 2, 3

SATURDAY:

Open Cards & Games	8 - 11:45 a.m.	Room 6
Tech Tutors 3rd Sat	9 - 11 a.m.	Room 7

VIA LINDA SENIOR CENTER SUPPORT GROUPS

Support Group	Time	Location
Duet Caregiver's Support Group	1st and 3rd Thursday 9:30 a.m.	VLSC
Low Vision Support Group	2nd Wednesday 10 a.m.	VLSC
Mended Hearts	2nd Tuesday 6 p.m.	VLSC
Multiple Sclerosis	2nd Tuesday 4:30 p.m.	VLSC



Via Linda Senior Center

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SCOTTSDALE

HUMAN SERVICES