

Congregate Meals

March 2026

Week 1

Tuesday 3rd	Ground Turkey Burrito Bowl	Cilantro Lime Brown Rice Roasted Corn Shredded Lettuce Diced Tomato Tortilla Tropical Fruit 2% Milk
Wednesday 4th	Chicken Marsala	Yukon Mashed Potatoes Mixed Veggies Pears Roll Pudding 2% Milk
Thursday 5th	Egg Salad	Lettuce + Tomato Broccoli Salad Croissant Grapes 2% Milk

Week 2

Tuesday 10th	Cheeseburger	Lettuce + Tomato Baked Beans Peas Hamburger Bun Honeydew 2% Milk
Wednesday 11th	Tuscan Turkey Stew	Italian Barley Green Beans Mixed Fruit Biscuit Pudding 2% Milk
Thursday 12th	Oriental Chicken Salad	Pineapple Roll Cake 2% Milk

**Via Linda Senior Center Congregate Lunch Program
Please call two days advance 480-312-5810**

Congregate Meals

Week 3

Tuesday 17th	Corned Beef	Steamed Potato Cabbage + Carrots Cantaloupe Roll Cookie 2% Milk
Wednesday 18th	BBQ Pulled Pork	Roasted Sweet Potato Green Beans Coleslaw Hamburger Bun Peaches 2% Milk
Thursday 19th	Greek Chicken Salad	Grapes Pita Cake 2% Milk

Week 4

Tuesday 24 th	Cheese Manicotti w/ Marinara Sauce	Roasted Potato Capri Veggies Roll Mixed Fruit 2% Milk
Wednesday 25 th	Chicken Piccata	Italian Barley Carrots Side Salad Pears 2% Milk
Thursday 26th	NO LUNCH	NO LUNCH

Week 5

Tuesday 31 st	Chicken Gumbo	White Rice Mashed Sweet Potatoes Green Beans Cornbread Peaches 2% Milk
-----------------------------	---------------	---

Via Linda Senior Center Congregate Lunch Program
Please call two days advance 480-312-5810

Congregate Meals

**Via Linda Senior Center Congregate Lunch Program
Please call two days advance 480-312-5810**