

GRANITE REEF SENIOR CENTER ACTIVITY LIST

Activity	Time	Location
MONDAY:		
Open Cards & Games	8 a.m. - 5 p.m.	Room 5
Open Arts & Crafts	9 a.m. - noon	Room 6
Musical Memory Care *1st & 3rd Mon*	10 - 11 a.m.	Room 1
Mah Jong (American)	10 a.m. - 3 p.m.	Room 12
Bluegrass Jam	10:30 a.m. - 12:30 p.m.	Room 8
Monday Bridge	12:45 - 4 p.m.	Room 1
Mah Jong (American)	10:30 a.m. - 2:30 p.m.	Room 11
Trivial Games *3rd Mon*	1 - 2 p.m.	Room 7
Rummikub	1 - 3 p.m.	Room 9
Table Tennis	3 - 7 p.m.	Room 2
TUESDAY:		
Open Cards & Games	8 a.m. - 5 p.m.	Room 5
Friendship Discussion	10 - 11 a.m.	Room 10
Chair Exercises	10 - 11 a.m.	Room 1
Blood Pressure Checks	10 - 11:30 a.m.	Lobby
AARP Driver Safety Class *2nd Tues*	12:30 - 4:30 p.m.	Room 8
Duplicate Bridge	12:45 - 4 p.m.	Room 1
Karaoke *1st and 3rd Tues*	1-5 p.m.	Room 8
Mexican Train Dominos	1-5 p.m.	Room 11
WEDNESDAY:		
Open Cards & Games	8 a.m. - 5 p.m.	Room 5
Bagels & Banter	9 - 10 a.m.	Room 1
Memory Lounge *2nd Wed*	10 - 11:30 a.m.	Room 6
Current Events	10:30 a.m. - noon	Room 8
Chair Exercises	10 - 11 a.m.	Room 1
Pinochle	Noon - 5 p.m.	Room 11
Duplicate Bridge	1 - 4 p.m.	Room 1
Open Arts	1 - 4 p.m.	Room 6
Table Tennis	1 - 4 p.m.	Room 2

Activity	Time	Location
THURSDAY:		
Chair Exercises	10 - 11 a.m.	Room 1
Open Chess	11 a.m. - 3 p.m.	Room 12
Canasta Newcomers	11 - 4 p.m.	Room 10
Current Events	Noon - 2 p.m.	Room 8
Canasta	Noon - 5 p.m.	Room 11
Open Art	1 - 4 p.m.	Room 6
Double Deck Pinochle	1 - 5 p.m.	Room 7
Open Cards & Games	1 - 5 p.m.	Room 5
Tremble Clefs	3 - 5 p.m.	Room 2
Senior Karaoke *2nd & 4th Thurs*	2 - 5 p.m.	Room 7
FRIDAY:		
Open Cards & Games	8 a.m. - 5 p.m.	Room 5
Bingo	9 - 11 a.m.	Room 1
Scottsdale Strummers	9:30 a.m.-12 p.m.	Room 8
Line Dancing	11:30 a.m.-12:30 p.m.	Room 2
Mah-Jongg (International)	Noon - 5 p.m.	Room 11
Duplicate Sanction Bridge *$10 Fee*	12:30 - 4:30 p.m.	Room 1
Friday Bridge *FREE*	12:45 - 4 p.m.	Room 1
Scrabble	Noon - 5 p.m.	Room 12
Matinee Movie	1 - 3 p.m.	Room 8
SATURDAY:		
Fitness Center *$3 drop-in*	8 a.m. - noon	Fitness Center

GRANITE REEF SENIOR CENTER SUPPORT GROUPS

Support Group	Time	Location
Alzheimer's Support Group	1st Monday | 1 p.m.	GRSC
Hospice of the Valley - Grief and Loss	1st and 3rd Tuesday | 1:30 p.m.	GRSC
Tremble Clefs *(Parkinson's Support)*	Thursdays | 3 p.m.	GRSC



Granite Reef Senior Center
1700 N. Granite Reef Rd | Scottsdale | 480-312-1700
ScottsdaleAZ.gov/seniors

SCOTTSDALE HUMAN SERVICES



VIA LINDA SENIOR CENTER ACTIVITY LIST

Activity	Time	Location
MONDAY:		
Bird Watching ***1st Mon***	8 - 9 a.m.	Patio
Open Cards & Games	10:30 a.m. - 5 p.m.	Room 6
Library Book Discussion	11 a.m. - 12:30 p.m.	Room 5
4th Mon		
Chair Yoga ***$10 Fee***	Noon - 1 p.m.	Room 4
Open Knitting/Crocheting	1:30 - 3:30 p.m.	Room 5
Mexican Train Dominoes	1 - 4 p.m.	Room 8
TUESDAY:		
Walking Club	8 - 9 a.m.	Front Entrance
Mindful Art	10 - 11:30 a.m.	Room 7
Congregate Meals	11 a.m. - 12:30 p.m.	Room 6
$4 Fee		
Chair Yoga ***$10 Fee***	Noon - 1 p.m.	Room 4
Fast Play Bridge Intermediate	Noon - 3:30 p.m.	Room 7
Open Cards & Games	1 - 5 p.m.	Room 6
What's On your Mind	1: 30 - 3 p.m.	Room 8
2nd & 4th Tues		
Men's Discussion	2 - 3:30 p.m.	Room 5
Table Tennis	3:30 - 7:30 p.m.	Room 1, 2, 3
WEDNESDAY:		
Memory Studio ***4th Wed***	10 – 11:30 a.m.	Art Room
Blue Grass Jam Session	10 a.m. – Noon	Room 5
Rummikub	10 a.m. – 1 p.m.	Room 7
Congregate Meals	11 a.m. - 12:30 p.m.	Room 6
$4 Fee		
Open Knitting/Crocheting	1:15 - 3:15 p.m.	Room 7

Activity	Time	Location
WEDNESDAY:		
Sanction Duplicate Bridge ***$10 Fee***	12:30 - 4 p.m.	Room 1, 2, 3
Open Cards & Games	1 - 5 p.m.	Room 6
Current Events Discussion	2 - 3:30 p.m.	Room 4
THURSDAY:		
Ask the Experts ***4th Thurs***	10 a.m. - Noon	Room 5
Book Discussion ***2nd Thurs (Sep-Jun)***	10 - 11:30 a.m.	Room 5
Tech Time With Mark ***2nd Thurs***	9 - 11 a.m.	Room 6
Congregate Meals ***$4 Fee***	11 a.m. - 12:30 p.m.	Room 6
Fast Play Bridge Intermediate	Noon - 3:30 p.m.	Room 7
AARP Driver Safety Class ***2nd Thurs***	12:30 - 4:30 p.m.	Room 5
Croquet	12:30 - 2 p.m.	Back Patio
Mah Jongg	1 - 4 p.m.	Room 6
Open Cards & Games	Noon - 5 p.m.	Room 8
Flying Needles ***2nd Thurs*** *Knitting/Sewing/Crocheting*	3:30 - 7:30 p.m.	Room 7
FRIDAY:		
Open Cards & Games	8 - 4:45 p.m.	Room 6
Coffee & Connections ***2nd & 4th Fri***	10:30 a.m. - noon	Room 5
American Canasta	1 - 3:30 p.m.	Room 7
Matinee Movie	1 - 4 p.m.	Room 5
Table Tennis	1 - 4:30 p.m.	Room 1, 2, 3
SATURDAY:		
Open Cards & Games	8 - 11:45 a.m.	Room 6
Tech Tutors ***3rd Sat***	9 - 11 a.m.	Room 7

VIA LINDA SENIOR CENTER SUPPORT GROUPS

Support Group	Time	Location
Duet Caregiver's Support Group	1st and 3rd Thursday | 10 a.m.	VLSC
Low Vision Support Group	2nd Wednesday | 10 a.m.	VLSC
Mended Hearts	2nd Tuesday | 6 p.m.	VLSC
Multiple Sclerosis	2nd Tuesday | 4:30 p.m.	VLSC



Via Linda Senior Center
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