

Congregate Meals

June 2026

Week 1

Tuesday 2 nd	Cheeseburgers	Lettuce/Tomato Baked Beans Peas Hamburger Bun Honeydew
Wednesday 3 rd	Tuscan Turkey Stew	Italian Brown Rice Pilaf Green Beans Biscuit Pie
Thursday 4 th	Oriental Chicken Salad	Pineapple Roll Pudding

Week 2

Tuesday 9 th	Cheese Manicotti w/ Marinara Sauce	Roasted Potato Capri Veggies Roll Mixed Fruit
Wednesday 10 th	Chicken Picatta	Italian Barley Carrots Side Salad Pears
Thursday 11 th	Greek Chicken Salad	Pears Pita Cookie

Via Linda Senior Center Congregate Lunch Program
Please call two days advance 480-312-5810
***ALL lunches come with 2% Milk**

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Week 3

Tuesday 16th	Roast Beef + Cheddar Wrap	Potato Salad Pineapple & Cucumber Salad Cake
Wednesday 17th	Chicken Meatballs w/ Rosa Sauce	Pesto Roasted Potato Capri Vegetable Cantaloupe Roll Cheesecake
Thursday 18th	Meatloaf	Mashed Potato Mixed Veggies Honeydew Roll Pudding

Week 4

Tuesday 23rd	Egg Salad	Lettuce + Tomato Broccoli Salad Croissant Mixed Fruit
Wednesday 24th	Beef Stroganoff	Brown Rice Green Beans Carrot & Raisin Salad Roll Applesauce
Thursday 25th	Chicken Gumbo	White Rice Mashed Sweet Potatoes Green Beans Cornbread Peaches

Week 5

Tuesday 30th	Beef Taco Salad	Pineapple Roll Cheesecake
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